

# Vos chaînes de la liste alternative francophone

## Classiques (FR)

|    |   |
|----|---|
| 1  | • HD La Une                               |
| 2  | • HD Tipik                                |
| 3  | • HD RTL-TV1                              |
| 4  | • HD Club RTL                             |
| 5  | • HD Plug RTL                             |
| 6  | • HD TF1                                  |
| 7  | • HD France 2                             |
| 8  | • HD France 3                             |
| 9  | • HD La Trois                             |
| 10 | Chaîne régionale                          |
| 11 | • Pickx Live - Proximus Sports            |
| 13 | • HD Movies & Series <span>MS</span>      |
| 14 | • HD Proximus Sports 1 <span>AS BS</span> |
| 17 | • HD Canal Z                              |
| 18 | HD LN24                                   |
| 20 | • HD AB3                                  |
| 21 | • HD ABXPLORE                             |
| 22 | • HD France 4                             |
| 23 | • HD France 5                             |
| 24 | • HD arte Belgique                        |
| 25 | • HD TV5 Monde                            |
| 26 | • HD C8                                   |

## Classiques (NL)

|    |             |
|----|-------------|
| 27 | • HD één    |
| 28 | • HD Canvas |
| 29 | • HD VTM    |
| 30 | • HD VIER   |
| 31 | • HD VIJF   |
| 32 | • HD VTM 2  |

|    |   |
|----|---|
| 33 | • HD VTM 3                                |
| 34 | • HD VTM 4                                |
| 35 | • HD Studio 100                           |
| 37 | • Pickx Live - Proximus Sports            |
| 38 | • HD Ketnet                               |
| 39 | • HD Movies & Series <span>MS</span>      |
| 40 | • HD Proximus Sports 1 <span>AS BS</span> |
| 42 | • HD ZES                                  |
| 43 | • HD Kanaal Z                             |
| 44 | • HD VTM 4 2                              |
| 46 | HD NPO 1                                  |
| 47 | HD NPO 2                                  |
| 48 | HD NPO 3                                  |

## Divertissement, Culture et Nature (FR)

|    |  |
|----|--|
| 50 | • HD Movies & Series <span>MS</span>   |
| 51 | • HD Be1 <span>Be</span>               |
| 52 | • HD Be Séries <span>Be</span>         |
| 53 | • HD Be Ciné <span>Be</span>           |
| 54 | • HD Ciné+ Premier <span>Be</span>     |
| 55 | • HD Ciné+ Frisson <span>Be</span>     |
| 56 | • HD Ciné+ Classic <span>Be</span>     |
| 57 | Netflix <span>N</span>                 |
| 60 | • HD Action                            |
| 61 | HD TV Breizh <span>EC E NS M F</span>  |
| 62 | HD 13ème RUE <span>EC E M F</span>     |
| 63 | HD Syfy <span>EC E M F</span>          |
| 64 | HD TCM Cinéma <span>EC E NS M F</span> |
| 66 | HD TMC <span>EC F</span>               |
| 70 | • HD Discovery                         |
| 71 | • HD National Geographic               |

|    |  |
|----|--|
| 72 | • HD TREK  |
| 76 | HD National Geographic Wild <span>EC ND M F</span> |
| 77 | Science et Vie TV <span>EC ND M F</span>           |
| 78 | Histoire TV <span>EC ND NS M F</span>              |
| 79 | HD Ushuaïa TV <span>EC ND M F</span>               |
| 80 | Animaux <span>EC ND M F</span>                     |
| 81 | Voyage <span>EC ND M F</span>                      |
| 82 | • HD Crime District <span>EC F</span>              |
| 85 | • HD VICetv  |
| 86 | HD E! <span>(BXL - W)</span>                       |
| 87 | HD Dobbit TV <span>(BXL - W)</span>                |
| 89 | • MTV  |

## Sport (FR)

|         |   |
|---------|---|
| 100     | • HD Pickx Live - Proximus Sports               |
| 101-110 | • HD Proximus Sports 1-10 <span>AS IS BS</span> |
| 111     | • HD Eleven Pro League 1 <span>AS IS BS</span>  |
| 112     | • HD Eleven Pro League 2 <span>AS IS BS</span>  |
| 113     | • HD Eleven Pro League 3 <span>AS IS BS</span>  |
| 121     | • HD Eleven 1 <span>AS IS BS</span>             |
| 122     | • HD Eleven 2 <span>AS IS BS</span>             |
| 123     | • HD Eleven 3 <span>AS IS BS</span>             |
| 130     | • HD Eurosport 1                                |
| 131     | Eurosport 2 <span>AS SP IS M</span>             |
| 133     | • HD Motorvision TV (EN) <span>AS IS</span>     |
| 134     | AUTOMOTO <span>AS SP IS M FR</span>             |
| 136     | Extreme Sports (EN) <span>AS SP IS M</span>     |

## Musique (FR)

|     |   |
|-----|---|
| 141 | HD Bel RTL TV                               |
| 142 | • HD Tipik Vision                           |
| 143 | Radio Contact Vision                        |
| 144 | • RFM TV                                    |
| 145 | Trace Urban                                 |
| 146 | HD NRJ Hits TV                              |
| 150 | HD Stingray Classica <span>EC MC M F</span> |
| 151 | HD Mezzo Live <span>EC MC NS M F</span>     |
| 152 | MTV 80s <span>EC MC M F</span>              |
| 153 | HD MTV Live <span>EC MC M F</span>          |
| 154 | MTV Hits <span>EC NS M F</span>             |
| 155 | • Melody <span>EC FR MC NS M FR F</span>    |

## Régionales (Accès selon votre région)

|     |                         |
|-----|-------------------------|
| 160 | • bx1                   |
| 161 | • Antenne Centre        |
| 162 | • Canal C               |
| 163 | • Canal Zoom            |
| 164 | • MaTélé                |
| 165 | • No Télé               |
| 166 | • RTC Télé Liege        |
| 167 | • Télé MB               |
| 168 | • Télé Sambre           |
| 169 | • TV Com                |
| 170 | • TV Lux                |
| 171 | • Védia                 |
| 175 | • HD Vlaamsparlement.tv |
| 176 | • BRUZZ                 |

• Chaînes disponibles sur smartphone ou tablette grâce à l'app Proximus Pickx



Disponible uniquement en/à  
(W) Wallonie - (BXL) Bruxelles -  
(FL) Flandre

### Options TV

(Cliquez sur l'option pour plus d'informations)

|                            |  |
|----------------------------|--|
| <span>N</span> Netflix     | <span>F</span> Family <span>NOUVEAU</span> |
| <span>Be</span> Be TV      | <span>MS</span> Movies & Series            |
| <span>AS</span> All Sports | <span>A</span> Adult                       |
|                            | <span>Co</span> Studio 100 GO Pass         |

### Bouquets/Options TV (plus commercialisés)

|  |                                    |                                      |
|--|------------------------------------|--------------------------------------|
| <span>KC</span> Kids Channels          | <span>K</span> Kids                | <span>X</span> X-Adult               |
| <span>EC</span> Entertainment Channels | <span>E</span> Entertainment       | <span>NS</span> Nostalgie            |
| <span>AC</span> Adult Channels         | <span>ND</span> Nature & Discovery | <span>M</span> Multi                 |
| <span>AK</span> All Kids               | <span>SP</span> Sport & Pleasure   | <span>BS</span> Belgian Sports       |
| <span>AE</span> All Entertainment      | <span>MC</span> Music & Culture    | <span>IS</span> International Sports |



|     |   |                |
|-----|---|----------------|
| 177 | • | ATV            |
| 178 | • | AVS (Gent)     |
| 179 | • | Focus TV       |
| 180 | • | Ring TV        |
| 181 | • | ROB TV         |
| 182 | • | RTV (Kempen)   |
| 183 | • | RTV (Mechelen) |
| 184 | • | TV Limburg     |
| 185 | • | TV Oost        |
| 186 | • | WTV            |

### Actualité

|     |   |    |                   |
|-----|---|----|-------------------|
| 190 | • | HD | CNN International |
| 191 |   |    | Euronews (EN)     |
| 195 | • |    | LCI               |
| 196 | • |    | Euronews (FR)     |
| 197 | • | HD | France 24         |

### Internationales

|     |   |  |                   |
|-----|---|--|-------------------|
| 200 |   |  | ARD               |
| 201 |   |  | ZDF               |
| 202 |   |  | RTL (DE)          |
| 203 |   |  | BRF Fernsehen     |
| 210 |   |  | TVE Internacional |
| 215 |   |  | KTO               |
| 220 |   |  | RAI Uno           |
| 221 |   |  | RAI Due           |
| 222 |   |  | RAI Tre           |
| 223 | • |  | Mediaset Italia   |
| 230 |   |  | 2M Monde          |
| 231 |   |  | Al Aoula          |
| 232 |   |  | Al Jazeera (AR)   |

|     |   |    |                   |       |   |   |   |
|-----|---|----|-------------------|-------|---|---|---|
| 233 |   |    | Maghreb TV        | (BXL) |   |   |   |
| 240 |   |    | BBC One           |       |   |   |   |
| 241 |   |    | BBC Two           |       |   |   |   |
| 242 |   |    | BBC World News    |       |   |   |   |
| 243 | • | HD | BBC First         | EC    | F |   |   |
| 244 |   |    | BBC Entertainment | EC    | E | M | F |

### Enfants et Ados (FR)

|     |   |    |                    |           |   |   |   |
|-----|---|----|--------------------|-----------|---|---|---|
| 250 | • |    | Nickelodeon        |           |   |   |   |
| 251 | • | HD | Disney Channel     |           |   |   |   |
| 252 |   |    | Disney Junior      |           |   |   |   |
| 254 | • |    | Cartoon Network    | (BXL - W) |   |   |   |
| 255 | • | HD | Studio 100         |           |   |   |   |
| 256 | • |    | Baby TV            |           |   |   |   |
| 261 | • |    | Boomerang          | KC        | K | M | F |
| 262 | • |    | Nick Jr            | KC        | K | M | F |
| 263 | • |    | Tiji               | KC        | K | M | F |
| 264 | • |    | Canal J            | KC        | K | M | F |
| 265 | • |    | Mangas             | KC        | K | M | F |
| 266 | • | HD | Gulli              | KC        | K | F |   |
| 269 |   |    | Studio 100 GO Pass | (accès)   |   |   |   |

### Enfants et Ados (NL)

|     |   |    |                   |            |   |   |   |
|-----|---|----|-------------------|------------|---|---|---|
| 280 | • |    | Studio 100        |            |   |   |   |
| 281 | • |    | Ketnet            |            |   |   |   |
| 282 | • | HD | Nickelodeon Spike |            |   |   |   |
| 283 | • | HD | VTM Kids          |            |   |   |   |
| 285 | • | HD | Disney Channel    |            |   |   |   |
| 286 | • |    | Disney Junior     |            |   |   |   |
| 287 | • |    | Baby TV           |            |   |   |   |
| 288 | • | HD | Cartoon Network   | (BXL - FL) |   |   |   |
| 290 | • | HD | Studio 100 Hits   | KC         | K | M | F |

|     |   |  |               |    |   |   |   |
|-----|---|--|---------------|----|---|---|---|
| 291 | • |  | Nick Jr       | KC | K | M | F |
| 292 | • |  | Nick Toons TV | KC | K | M | F |
| 293 | • |  | Boomerang     | KC | K | M | F |
| 294 | • |  | Pebble TV     | KC | K | M | F |

### Divertissement, Culture et Nature (NL)

|     |   |    |                          |            |    |   |   |
|-----|---|----|--------------------------|------------|----|---|---|
| 300 | • | HD | Movies & Series          | MS         |    |   |   |
| 310 | • |    | Comedy Central           |            |    |   |   |
| 315 | • | HD | FOX                      | EC         | E  | M | F |
| 320 | • | HD | Discovery                |            |    |   |   |
| 321 | • | HD | National Geographic      |            |    |   |   |
| 322 | • | HD | Animal Planet            | (BXL)      |    |   |   |
| 326 |   |    | ID                       | EC         | E  | M | F |
| 327 |   |    | History                  | EC         | ND | M | F |
| 328 | • | HD | National Geographic Wild | EC         | ND | M | F |
| 329 |   |    | Discovery Science        | EC         | ND | M | F |
| 330 |   |    | Discovery World          | EC         | ND | M | F |
| 331 | • | HD | Travelxp                 | EC         | F  |   |   |
| 336 | • | HD | TLC Flanders             | (BXL - FL) |    |   |   |
| 337 | • | HD | Njam!                    |            |    |   |   |
| 338 |   |    | Dobbit TV                | (BXL - FL) |    |   |   |
| 340 | • | HD | Eclips TV                | (BXL - FL) |    |   |   |
| 341 |   |    | E!                       | (FL)       |    |   |   |
| 342 |   |    | Fashion TV               |            |    |   |   |
| 343 | • |    | MTV                      |            |    |   |   |
| 345 | • | HD | PlattelandsTv            | (BXL - FL) |    |   |   |

### Sport (NL)

|         |   |    |                              |    |    |    |
|---------|---|----|------------------------------|----|----|----|
| 350     | • | HD | Pickx Live - Proximus Sports |    |    |    |
| 351-360 | • | HD | Proximus Sports 1-10         | AS | IS | BS |
| 361     | • | HD | Eleven Pro League 1          | AS | IS | BS |

|     |   |    |                     |    |    |    |   |
|-----|---|----|---------------------|----|----|----|---|
| 362 | • | HD | Eleven Pro League 2 | AS | IS | BS |   |
| 363 | • | HD | Eleven Pro League 3 | AS | IS | BS |   |
| 371 | • | HD | Eleven 1            | AS | IS | BS |   |
| 372 | • | HD | Eleven 2            | AS | IS | BS |   |
| 373 | • | HD | Eleven 3            | AS | IS | BS |   |
| 380 | • | HD | Eurosport 1         |    |    |    |   |
| 381 |   |    | Eurosport 2         | AS | SP | IS | M |
| 382 | • | HD | Sport 10            |    |    |    |   |

### Musique (NL)

|     |   |  |         |
|-----|---|--|---------|
| 391 | • |  | Ment TV |
|-----|---|--|---------|

### Classiques SD (FR)

|     |   |  |               |
|-----|---|--|---------------|
| 401 | • |  | La Une        |
| 402 | • |  | Tipik         |
| 403 | • |  | RTL-TV1       |
| 404 | • |  | Club RTL      |
| 405 | • |  | Plug RTL      |
| 406 | • |  | TF1           |
| 407 | • |  | France 2      |
| 408 | • |  | France 3      |
| 409 | • |  | La Trois      |
| 417 | • |  | Canal Z       |
| 420 | • |  | AB3           |
| 421 | • |  | ABXPLORE      |
| 422 | • |  | France 4      |
| 423 | • |  | France 5      |
| 424 | • |  | arte Belgique |
| 425 | • |  | TV5 Monde     |

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(FL) Flandre

#### Options TV

(Cliquez sur l'option pour plus d'informations)

|            |                               |
|------------|-------------------------------|
| Netflix    | Family <small>NOUVEAU</small> |
| Be TV      | Movies & Series               |
| All Sports | Adult                         |
|            | Studio 100 GO Pass            |

#### Bouquets/Options TV (plus commercialisés)

|                        |                    |                      |
|------------------------|--------------------|----------------------|
| Kids Channels          | Kids               | X-Adult              |
| Entertainment Channels | Entertainment      | Nostalgie            |
| Adult Channels         | Nature & Discovery | Multi                |
| All Kids               | Sport & Pleasure   | Belgian Sports       |
| All Entertainment      | Music & Culture    | International Sports |



### Classiques SD (NL)

|     |   |          |
|-----|---|----------|
| 431 | • | één      |
| 432 | • | Canvas   |
| 433 | • | VTM      |
| 434 | • | VIER     |
| 435 | • | VIJF     |
| 436 | • | VTM 2    |
| 437 | • | VTM 3    |
| 438 | • | VTM 4    |
| 446 | • | ZES      |
| 447 | • | Kanaal Z |
| 450 | • | NPO 1    |
| 451 | • | NPO 2    |
| 452 | • | NPO 3    |

### Divertissement, Culture et Nature SD (FR)

|     |   |                                     |
|-----|---|-------------------------------------|
| 460 | • | Action                              |
| 461 | • | TV Breizh <span>EC E NS M F</span>  |
| 462 | • | 13ème RUE <span>EC E M F</span>     |
| 463 | • | Syfy <span>EC E M F</span>          |
| 464 | • | TCM Cinéma <span>EC E NS M F</span> |
| 468 | • | Movies & Series <span>MS</span>     |
| 470 | • | Discovery                           |
| 471 | • | National Geographic                 |
| 472 | • | TREK                                |
| 479 | • | Ushuaïa TV <span>EC ND M F</span>   |
| 480 | • | E! <span>(BXL - W)</span>           |

### Sport SD (FR)

|         |   |  |
|---------|---|--|
| 500     | • | Pickx Live - Proximus Sports               |
| 501-510 | • | Proximus Sports 1-10 <span>AS IS BS</span> |
| 511     | • | Eleven Pro League 1 <span>AS IS BS</span>  |
| 512     | • | Eleven Pro League 2 <span>AS IS BS</span>  |
| 513     | • | Eleven Pro League 3 <span>AS IS BS</span>  |
| 521     | • | Eleven 1 <span>AS IS BS</span>             |
| 522     | • | Eleven 2 <span>AS IS BS</span>             |
| 523     | • | Eleven 3 <span>AS IS BS</span>             |
| 530     | • | Eurosport 1                                |

### Enfants et Ados SD (FR)

|     |   |                |
|-----|---|----------------|
| 553 | • | Disney Channel |
| 556 | • | Studio 100     |

### Enfants et Ados SD (NL)

|     |   |                                       |
|-----|---|---------------------------------------|
| 582 | • | Nickelodeon Spike                     |
| 584 | • | Disney Channel                        |
| 586 | • | VTM Kids                              |
| 590 | • | Studio 100 Hits <span>KC K M F</span> |

### Divertissement, Culture et Nature SD (NL)

|     |   |                                 |
|-----|---|---------------------------------|
| 599 | • | Movies & Series <span>MS</span> |
| 620 | • | Discovery                       |
| 621 | • | National Geographic             |
| 622 | • | Animal Planet                   |
| 637 | • | Njam!                           |
| 638 | • | E! <span>(FL)</span>            |

### Sport SD (NL)

|         |   |  |
|---------|---|--|
| 650     | • | Pickx Live - Proximus Sports               |
| 651-660 | • | Proximus Sports 1-10 <span>AS IS BS</span> |
| 661     | • | Eleven Pro League 1 <span>AS IS BS</span>  |
| 662     | • | Eleven Pro League 2 <span>AS IS BS</span>  |
| 663     | • | Eleven Pro League 3 <span>AS IS BS</span>  |
| 671     | • | Eleven 1 <span>AS IS BS</span>             |
| 672     | • | Eleven 2 <span>AS IS BS</span>             |
| 673     | • | Eleven 3 <span>AS IS BS</span>             |
| 680     | • | Eurosport 1                                |
| 682     | • | Sport 10                                   |
| 683     | • | Motorvision TV (EN) <span>AS IS</span>     |

### Actualité Internationale SD

|     |   |           |
|-----|---|-----------|
| 700 | • | CNN       |
| 707 | • | France 24 |

### Adultes

|     |   |                                       |
|-----|---|---------------------------------------|
| 750 | • | Passie XXX <span>A X SP NL AC</span>  |
| 751 | • | Dorcel XXX <span>A X SP FR AC</span>  |
| 752 | • | HD Penthouse Gold <span>A X AC</span> |
| 753 | • | HD DUSK <span>A AC</span>             |
| 755 | • | Pink X <span>A X AC</span>            |

### TV info

|     |   |         |
|-----|---|---------|
| 999 | • | TV info |
|-----|---|---------|

### Radio

|     |   |                |     |   |                 |
|-----|---|----------------|-----|---|-----------------|
| 800 | • | Radio 1        | 820 | • | Q-Music         |
| 801 | • | Radio 2 A      | 821 | • | JOE fm          |
| 802 | • | Radio 2 L      | 840 | • | BRF 1           |
| 803 | • | Radio 2 OV     | 850 | • | La Première     |
| 804 | • | Radio 2 VB     | 851 | • | VivaCité        |
| 805 | • | Radio 2 WV     | 852 | • | Musiq 3         |
| 806 | • | Stu Bru        | 853 | • | Classic21       |
| 807 | • | MNM            | 854 | • | Tipik radio     |
| 808 | • | MNM Hits       | 860 | • | Bel RTL (Radio) |
| 809 | • | Klara          | 861 | • | MINT            |
| 810 | • | Klara Continuo | 862 | • | Radio Contact   |
| 811 | • | VRT NWS        | 865 | • | Nostalgie (BE)  |
| 812 | • | De Tijdloze    | 866 | • | DH Radio        |

### Vous souhaitez déterminer vous-même l'emplacement de vos chaînes favorites ?

Appuyez sur   **numérotation des chaînes**

Vous pouvez à tout moment revenir à la liste officielle de votre région via le même chemin.

**Comment faire ?** Appuyez sur le bouton bleu de votre télécommande pour regarder la vidéo.





- Chaînes disponibles sur smartphone ou tablette grâce à l'**app Proximus Pickx**



Disponible uniquement en/à  
**(W) Wallonie - (BXL) Bruxelles - (FL) Flandre**

#### Options TV

(Cliquez sur l'option pour plus d'informations)

|  |   |
|--|---|
|  Netflix    |  Family <small>NOUVEAU</small> |
|  Be TV      |  Movies & Series               |
|  All Sports |  Adult                         |
|  |  Studio 100 GO Pass            |

#### Bouquets/Options TV (plus commercialisés)

|  |  |  |
|--|--|--|
|  Kids Channels          |  Kids               |  X-Adult              |
|  Entertainment Channels |  Entertainment      |  Nostalgie            |
|  Adult Channels         |  Nature & Discovery |  Multi                |
|  All Kids               |  Sport & Pleasure   |  Belgian Sports       |
|  All Entertainment      |  Music & Culture    |  International Sports |

Vous retrouverez la dernière mise à jour de la liste des chaînes sur [proximus.be/chainestv](https://proximus.be/chainestv) - Les enregistrements sont conservés pendant au moins 60 jours

